

# O.R.S. Hydration Tablets



**Category**  
Antacids and  
Gastrointestinal

**Manufacturer**  
CLINOVA LTD

**Pack size**  
Lemon, strawberry and  
blackcurrant 12s, Lemon  
and blackcurrant 24s

**RRP**  
£3.50, £4.99

**Legal Status**  
(GSL), (GSL)



## Uses

For general hydration, sports and exercise, travel and hot climates.



## Format and Ingredients

Soluble tablet containing:

Glucose 3.65g, Sodium Chloride 0.35g, Potassium Chloride 0.3g, Citric Acid 0.85g,



## Dosage

Add 2 tablets to 200ml of drinking water and allow to dissolve completely.  
Adults and children aged 6 years and over: drink 200ml (2 tablets) of solution each time the body's fluid level needs to be maintained.  
Children aged 6 years and under: drink 10ml of solution per kg of body weight each time the body's fluid level needs to be maintained. Give the required dose in small sips.  
Do not store made up O.R.S solution for more than 8 hours outside of a refrigerator.