

# Oilesen Vitamin D3 1000 Soft Capsules



**Category**  
Vitamins, Minerals and  
Nutritionals  
**Manufacturer**  
VALENTIS LIFE SCIENCE  
LTD  
**Pack size**  
80  
**RRP**  
£8.00  
**Legal Status**



## Uses



## Format and Ingredients and %NRV

Capsule containing:  
Vitamin D3 25µg,



## Dosage

Adults and children over 5 years: 1 capsule a day during a meal. If there are issues with swallowing the capsule can be chewed or the contents squeezed into the meal, a drink or directly into the mouth.