

Kira Low Mood Relief



Category
Sleep and Travel
Manufacturer
PRECISION
HEALTHCARE
Pack size
30
RRP
£15.31
Legal Status
(THR)



Uses

A traditional herbal medicinal product used to relieve the symptoms of slightly low mood and mild anxiety, based on traditional use only.



Format and Ingredients and %NRV

Film-coated tablet containing:

St. John's Wort aerial parts extract (Hypericum Perforatum L.) (3-6:1) 450mg, equivalent to St John's Wort 1350-2700mg, Extraction solvent: Methanol 80% v/v,



Dosage

Adults and elderly: 1 tablet daily swallowed whole with some water or other liquid.