

# Sominex Herbal



**Category**  
Sleep and Travel  
**Manufacturer**  
TEVA UK LTD  
**Pack size**  
30  
**RRP**  
£4.89  
**Legal Status**  
(THR)



## Uses

A traditional herbal medicinal product used for the temporary relief of sleep disturbances based on traditional use only.



## Format and Ingredients

Tablet containing:

Hop Strobile (*Humulus Lupulus L.*) as dry extract 34mg, Extraction solvent: Methanol 30% v/v, Valerian root (*Valeriana officinalis L.*) as dry extract 30.8mg, Extraction solvent: Ethanol 60% v/v, Passion Flower (as dry extract) 18.2mg, Extraction solvent: Ethanol 70% v/v,



## Dosage

Over 18 years: 2 tablets one hour before going to bed. For short-term use only. Under 18 years: not recommended.