

Seven Seas Jointcare Max



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
P&G HEALTH
Pack size
30 tablets + 30 capsules
RRP
£22.72
Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:

Fish Oil 615mg, Providing Omega-3 Nutrients 356mg, Of which EPA, and DHA 312mg, Fish Collagen 84mg, Vitamin D 10µg 200, Vitamin C 20mg 25, Tablet containing:Glucosamine sulphate 2KCl 1500mg,



Dosage

Adults: 1 capsule and 1 tablet a day.