# Avomine 25mg Tablets



### Category

(P), (P)

Sleep and Travel Manufacturer MANX HEALTHCARE Pack size 10, 28 RRP £2.45, £6.20 **Legal Status** 



Prevention and relief of travel sickness and general nausea and vomiting. For vertigo due to Meniere's syndrome, labyrinitis and other causes.



## Format and Ingredients

Tablet marked 'avomine' on one side and scored on the other containing:

Promethazine Teoclate 25mg,



### Dosage

Adults: Prevention of travel sickness on long journeys: 1 table to be taken each night at bedtime starting on the night before travel. Prevention of travel sickness on short journeys: 1 table taken one or two hours before travel. Treatment of travel sickness: 1 tablet as soon as sickness is felt followed by a second tablet the same evening. A third tablet may be taken the next evening. Nausea and vomiting due to other causes: 1 tablet at night is often sufficient, more frequently twice or three times daily if required. Maximum 4 tablets in 24 hours.

Children over 10 years: the lower adult dose. Children 5-10 years: half the adult dose (half a tablet) at the same time as for adults. Not recommended under 5 years.