

Arnica Massage Balm



Category
Analgesics
Manufacturer
WELEDA UK LTD
Pack size
50ml, 100ml, 200ml
RRP
£8.95, £12.95, £19.95
Legal Status
(THR), (THR), (THR)



Uses

A traditional herbal medicinal product used for the symptomatic relief of rheumatic pain, muscular pain and stiffness, backache, fibrositis, bruising, cramp, sprains and minor sports injuries, based on traditional use only.



Format and Ingredients

Balm containing:

0.70g of liquid extract from dried flowers of arnica (equivalent to 0.032g *Arnica montana*)
Dried birch leaves (equivalent to 0.032g *Betula pendula*)
Rosemary oil 0.039g
Lavender oil 0.0095g
Lavandin oil 0.0095g



Dosage

Over 12 years: apply sparingly to affected area with gentle massage 3-4 times daily. Under 12 years: not recommended.