# Kalms Rhodiola Tablets



### Category

Sleep and Travel

#### Manufacturer

**G R LANE HEALTH** 

**PRODUCTS** 

Pack size

20

#### **RRP**

£9.99

#### **Legal Status**

(GSL)



A traditional herbal medicinal product used for the temporary relief of symptoms associated with stress, such as fatigue, exhaustion and mild anxiety. Based on traditional use only.



# Format and Ingredients

Tablet containing:

Rhodiola Rosea Root Extract 200mg (Rhodiola rosea L. rhizome and root),



## Dosage

Over 18 years: 1 tablet twice a day, one before breakfast and one before lunch. Under 18 years: not suitable.

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