# Osteocare Liquid



### Category

Vitamins, Minerals and **Nutritionals** Manufacturer **VITABIOTICS LTD** Pack size 200ml, 500ml RRP £4.95, £11.95

**Legal Status** 





## Format and Ingredients and %NRV

Liquid containing per 10ml:

Vitamin D (as D3 150 IU) 3.8µg 76, Calcium 300mg 38, Magnesium 150mg 40, Zinc 6mg 60,



### Dosage

Adults: two teaspoonfuls twice daily. Pregnancy and breast-feeding: two teaspoonfuls twice daily. Children 3-12 years: two teaspoonfuls daily. Ideally taken with a main meal.

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