# Emergen-C



### **Category**

Vitamins, Minerals and **Nutritionals** Manufacturer

PFIZER CONSUMER

**HEALTHCARE** 

Pack size

8 sachets, Orange 24

RRP

£4.99, £13.99

**Legal Status** 

Uses



## Format and Ingredients and %NRV

Powdered effervescent vitamin C drink containing per sachet:

Vitamin C 1000mg 1250, Vitamin B1 (thiamin) 1.5mg 136, Vitamin B2 (riboflavin) 1.7mg 121, Vitamin B6 6mg 429, Vitamin B12 18µg 720, Vitamin D 10µg 200, Folic Acid 100µg 50, Pantothenic acid 5mg 83, Potassium 300mg 15, Calcium 120mg 15, Magnesium 95mg 25, Manganese 0.575mg 29, Chromium 10µg 25, Zinc 3mg 30,



### **Dosage**

18 years and over: 1 sachet to be taken each day dissolved in a glass of water.

Available in orange, lemon and strawberry flavours.

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