

# Benylin Day & Night Tablets



**Category**  
Cough, Colds and Sore  
Throat  
**Manufacturer**  
JOHNSON & JOHNSON  
(McNEIL)  
**Pack size**  
16  
**RRP**  
£5.34  
**Legal Status**  
(P)



## Uses

Relief of symptoms associated with colds and influenza.



## Format and Ingredients

White, daytime tablet containing:

Paracetamol 500mg, Pseudoephedrine Hydrochloride 60mg,  
Blue night-time film-coated tablet containing:Paracetamol  
500mg, Diphenhydramine Hydrochloride 25mg,



## Dosage

12 years and over: Daytime: 1 white tablet taken every 4-6  
hours during the day. No more than 3 white tablets a day. Do  
not take the night-time tablet during the day.  
Night-time: 1 blue tablet to be taken at night. Under 12 years:  
not recommended.